Primary Care Physicians/ Medical Providers: mental health services referral process

Medical providers may refer Medi-Cal members directly to Beacon's toll-free number to be screened for services. Medical providers may also conduct the screening for level of care themselves. The directions below are for when a provider conducts the screening.

Step 1: Administer screening tool.

Step 2: Make referral as called for by the algorithm as follows:

Referrals to Beacon for Psychiatric Consultation: Please call Beacon Service Center at 855-765-9702 during routine business hours of 8:30am to 5:00pm. You may also contact Liz Youn, Program Director with Beacon Health Strategies during routine business hours from 8:30am to 5:00pm. Contact information: 711 E Daily Drive, Suite 106 | Camarillo, CA 93010 | t. 562.246.3680 | m. 714.715.0534 | Lyoun@beaconhs.com

[Please note: The screening tool is not required when the medical provider is simply requesting a Beacon consultation for a Medi-Cal member. The medical provider can contact the Beacon Service Center for this as outlined above.]

Referrals to Beacon's outpatient network: Send written consent (or documentation of verbal consent) with the completed screening form to Beacon via eFax at 866-422-3413 or via secure e-mail to medi-calreferral@beaconhs.com. Upon receipt of the referral, a Beacon service coordinator will contact the member and assist them in securing resources for services. Beacon will contact provider to confirm completion of referral process.

Referrals to Ventura County Behavioral Health: Send written consent (or documentation of verbal consent) with the completed screening form to the provider via VCMC E-Referral or if no access to E-Referral via fax to 981-9268. Upon receipt of the referral, VCBH will outreach to the member and make an appointment for a full assessment to determine eligibility for specialty mental health services. VCBH will notify the referral source of the referral outcome.

Key Contact Information

***If it is an emergency, call 911**

For members that appear to meet criteria for services with **Beacon Health Strategies**:
Call: (855) 765-9702 | Fax: (866)422-3413 | Email: medi-calreferral@beaconhs.com

For members that appear to meet criteria for **County Mental Health Services**:
Submit Screening form via VCMC E-Referral ; If no access to E-Referral fax to VCBH 981-9268

For members that appear to meet criteria for **Alcohol and Other Drug Services**:
Fax Screening form to VCBH AOD 981-9200

Abbreviations

VCBH	Ventura County Behavioral Health
VCMC	Ventura County Medical Center
AOD	Alcohol and Other Drug Services
SBI	Screening and brief interventions
ED	Emergency Department

Excluded Primary Diagnoses for VCBH

Autism
Mental Retardation
Mental Disorders Due to General Medical Condition (i.e. TBI)
Antisocial Personality Disorder
Learning Disorders
Substance-Related Disorders*
Sleep Disorders
Delirium, Dementia, Other Cognitive Disorders
Tic Disorder
Motor Skills Disorder
Communication Disorders
Sexual Function Disorders

*Substance-Related Disorders are eligible for Alcohol and Other Drug Services

Adult Screening Tool Criteria Descriptions

Persistent symptoms after 2 medication trials	2 failed attempts at symptom management with medication trials
Multiple co-morbid health and mental health conditions	Ex. Diabetes, high blood pressure and bipolar disorder
Excessive ED visits or 911 calls	Pattern of frequent visits to the emergency room or 911 calls due to mental health condition (3+ in last year)
Transitional age youth with prodromal psychotic symptoms	Age 16-25 with the first onset of psychotic symptoms which might not yet meet criteria for a specific psychotic disorder.
Suicidal/Homicidal preoccupation	Persistent ideation and/or behavior which indicates a clear desire to harm self or others (with or without intent or plan). Excludes passing vague comments, superficial cutting, etc.

Child Screening Tool Criteria Descriptions

Impulsivity/hyperactivity	May include but not limited to being fidgety, disruptive, impulsive in behaviors, difficult completing tasks or restless
Residential Instability	Unstable housing or homelessness
Trauma/recent loss	Any incidents including but not limited to death, recent illnesses or family changes that are impacting a child's ability to cope
Juvenile delinquency	Child involved in criminal justice system for either persistent refusal of parental direction, directives of school or involved in criminal activity (WIC 601 or 602)
Self-injurious behavior	Self-injury including cutting, burning and other self-harming behaviors
Suicidal/Homicidal preoccupation	Persistent ideation and/or behavior which indicates a clear desire to harm self or others (with or without intent or plan). Excludes passing vague comments, superficial cutting, etc.
Behavior problems	Aggressive, self-destructive or assaultive behavior
Substance abuse	Pattern of substance use leading to problems or distress
Oppositional	Pattern of defiance, disobedience or argumentative behavior with adults
Child Welfare Involvement	Child is involved in an open CPS case which is currently under investigation.